

ST MARK'S WELLBEING PRESCRIPTION

NOTE: Did you know that St Mark's School can offer so much more than you think? Check out the list below to see if any of the activities interest you. Just put a tick in the box of those you like the look of, complete your name and contact details and pop it in to reception. Alternatively, contact school and ask to speak with Mrs Alexander or Mrs Hussey.

I am interested in more information about the following

- ☐ Coffee and Conversation
- ☐ IT Skills
- ☐ Cook and Taste
- ☐ Pram Pushers Walk
- ☐ Money Advice
- ☐ Parent Gym
- ☐ Jewellery Making
- ☐ Signposting to Services including the Church and cafe
- ☐ School Nurse Advice e.g. Head lice information
- ☐ Foodbank

Signed

Contact Number