

Key Skills for Physical Education 2014

Key stage 2

Pupils should;

- Continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.
- Enjoy communicating, collaborating and competing with each other.
- Show an understanding of how to improve in different physical activities and sports.
- Learn how to evaluate and recognise their own success.

	Year 3	Year 4
PE	<ul style="list-style-type: none">• Participate in activities and games that use running, jumping, throwing and catching in isolation and in combination• Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders or tennis)• Continue to use taught tactics for attacking and defending• Start to develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)• Take part in outdoor and adventurous activity	<ul style="list-style-type: none">• Start to use running, jumping, throwing and catching in isolation and in combination• Play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders or tennis)• Continue to use taught tactics for attacking and defending• Start to develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)• Take part in outdoor and adventurous activity challenges both individually and within a team

	<p>challenges both individually and within a team</p> <ul style="list-style-type: none">• Perform dances using a range of movement patterns• Continue to compare their performances with previous ones	<ul style="list-style-type: none">• Perform dances using a range of movement patterns• Continue to compare their performances with previous ones
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