

PSCHE Learning Objectives by Year Group September 2018

Early years		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	I can tell you when I think things are fair or unfair I can tell you what is fair and unfair. I can tell you how it feels when things are unfair. I know some ways I can make things fair. I can tell you how I feel if I am missing someone or have lost someone or something I care about. I am beginning to understand that if someone leaves me they can still love me. I can remember someone I care about even if they are not there. I can talk about how I can feel better when I am feeling sad or am missing someone.	
SEAL Going for Goals	I know that I can do more things now than I could when I was younger. I know I will be able to do more things when I am older. I know we are all good at different things. I can tell you what a goal is. I can work to reach my goal.	
Citizenship /ABCD	To know what bullying behaviour is. To know how bullying feels. To know who to talk to in school if they are being bullied. To understand that we are all different and special. To know that people in my class like me. To know that everyone has feelings. To know that we are all different but still belong. To know that we all have talents and things we are good at, but we are not all the same.	
Safety and E safety	<u>Pedestrian Skills</u> To understand the difference between the footpath and the road. To know to walk with a grown up, and to be extra careful near a road. To begin to understand Stop, Look, Listen and Think.	
	To know what safe is. To tell someone if they feel unsafe online	
DATE	To know how I look and feel when I am ill. To understand what makes us feel better. To understand who helps us when we are ill. To distinguish what is safe and not safe to put onto our bodies.	
Financial	I can describe and name coins I can choose coins to use and wait for change I can make simple choices about how to spend my money I can choose a safe place to keep my money I can describe the way money makes me feel.	
RSE	To recognize and name feelings including those relating to change – new baby new class. To know that some things cause different feelings or emotions. To recognize that everyone has worth. To express positive qualities about themselves. To reflect what they do well, enjoy or can't do or don't like to do.	

R	<ul style="list-style-type: none"> To learn how to contribute to life of the classroom To help construct, and agree to follow, group and class rules and understand how these rules help them. To learn that people and other things have needs and they have a responsibility to meet them- taking turns, sharing, borrowing and returning. (Can be taught in Relationships unit or ongoing)
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Y1		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	I can talk about my feelings when I feel alone or when I have to share someone or something that is important to me. I can tell you how I feel when I lose someone or something I care about. I can share people I care about.	
SEAL Going for Goals	I know we learn in different ways. I can choose a realistic goal. I can break a goal down into small steps. I can tell you some of my strengths as a learner. I can resist distractions.	
Citizenship/ABCD	To know what bullying is and isn't. To know how bullying feels. To know different types of bullying. To know that people live with disabilities. To know that people in my class like me. To know that everyone has feelings. To know to be brave in order to include others. To experience how it feels to be treated differently (linked to race)	
Safety and E safety	<u>Be Safe Be seen</u> To understand the Stop, Look, Listen and Think sequence, To know to cross in safe places – not behind cars etc. To understand need for bright clothes/reflective clothes.	
	<u>Bonfire night</u> To know how to be safe on Bonfire night. To know and understand the Firework Code. To know and understand how to be safe on the Internet.	
DATE	To distinguish what is safe and not safe to put onto our bodies. To know that all household products, including medicines, can be harmful if not used properly. To know what is inside our bodies To know what medicines are and to know when they might need them. To know that they need adult help to take medicine. To know that medicines can be harmful is not used properly. To know where medicines should be kept – the rules for keeping safe at home.	
Financial	I know the values of coins and notes I use. I can explore choices and make informed decisions about spending my money. I can choose different places to keep my money safe and explain why. I know it is important to keep a track of the money I have and what I have spent. I know I don't have to spend my money and that I can save it to use later.	
RSE	To know how to make friends to cope with losing friends To understand what makes a good friend To learn about the qualities of friendship To know the different groups to which they belong – family, friends, school. To understand the concept of growing from young to old and that they are growing and changing.	

1	<ul style="list-style-type: none"> To learn how to contribute to life of the classroom To help construct, and agree to follow, group and class rules and understand how these rules help them. To learn that people and other things have needs and they have a responsibility to meet them- taking turns, sharing, borrowing and returning. (Can be taught in Relationships unit or ongoing)
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Y2		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	I can tell when I feel cared for. I can tell when I love or care for someone. I understand that if someone leaves me they might still love me. I understand that people have to make hard choices and sometimes they have no choice.	
SEAL Going for Goals	I can say what I want to happen when there is a problem. I can break a goal down into small steps. I can choose a realistic goal I can recognise when I am becoming bored or frustrated. I know some ways to overcome boredom and frustration.	
Citizenship/ABCD	To know what bullying is and isn't. To give examples of bullying and to know that being unkind is not necessarily bullying. To understand that some people have a disability. To know that everyone can achieve and meet a personal goal. To know that families are different To be aware that children can grow up with parents of the same gender. To celebrate different cultures and learnt to live together no matter what race we belong to or what colour our skin is.	
Safety and E safety	<u>In car safety</u> To know to travel in a car wearing a seatbelt. To be in a car seat if under 135cms tall. To understand the need to behave sensibly as a passenger in a car.	
	<u>Cycling</u> To learn to ride a bike (with stabilisers) To know how to be safe on a bike (helmet, reflective jacket, lights) To identify a no entry, one way and dead end road sign.	
DATE	To recognise people who are special to them and why. To know what is safe to go into their bodies. To make simple choices that improves your health and well being. To know where medicines are and where they should be kept. (rules) To know that all household products, including medicines, can be harmful if not used properly.	
Financial	I can recognise and choose the correct value of coins and note and calculate change. I can keep simple financial records (money in my piggy bank) I can differentiate between a need and a want I can describe where my money comes from I am beginning to understand that we need to work in order to earn money (To know that money comes from different sources and can be used for different purposes, including the concepts of spending and saving. To know about the role money plays in their lives including how to manage their money, keep it safe, choices about spending money and what influences those choices.)	
RSE	To recognise people who are special to them and why. To know what is safe to go into their bodies. To make simple choices that improves your health and well being. To know where medicines are and where they should be kept. (rules) To know that all household products, including medicines, can be harmful if not used properly.	

2	<ul style="list-style-type: none"> • To learn how to contribute to life of the classroom • To help construct, and agree to follow, group and class rules and understand how these rules help them. • To learn that people and other things have needs and they have a responsibility to meet them- taking turns, sharing, borrowing and returning. (Can be taught in Relationships unit or ongoing) • To know what improves and harms their local, natural and built environments and about some of the ways people look after them.
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PSCHE LO by Year Group 2018

Y3		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	<p>I can tell you how to make someone who is important to me happy.</p> <p>I can express feelings of guilt.</p> <p>I can tell you some ways to make amends if I have done something cruel or unkind.</p> <p>I can tell when I feel ashamed about something.</p> <p>I know when to tell someone about it.</p>	
SEAL Going for Goals	<p>I can set success criteria so that I will know whether I have reached my goal.</p> <p>I can break a goal down into a number of steps and wait for the result.</p> <p>I know that I am responsible for my own learning and behaviour.</p>	
Citizenship/ABCD	<p>To understand the role of witnesses in bullying incidents.</p> <p>To understand what we can do if we witness bullying.</p> <p>To know that isolation hurts and is wrong.</p> <p>To know that sometimes we misunderstand a situation and we need to talk to sort out any misunderstandings.</p> <p>To have a further understanding of the effects of disability.</p> <p>To understand the words, gay and lesbian.</p> <p>To further understand about different families and that families are based on being loved and cared for.</p> <p>To understand that in history people have been treated badly because of the colour of their skin or their race.</p>	
Safety and E safety	<p><u>Healthy Living</u></p> <p>To understand the concept of a balanced lifestyle in relation to diet and exercise.</p> <p>To plan a balanced meal and understand a balanced diet.</p> <p>To understand the benefits of good dental health.</p> <p>To know that bacteria and viruses can affect health and spread disease – (handwashing, catch it, clean it, bin it)</p> <p>To know how to get help – calling the Emergency Services</p>	
	<p>To know that people on the Internet may not be who we think they are, or who they say they are.</p> <p>To know to keep personal information safe.</p>	
DATE	<p>To find out children's drugs knowledge and attitudes to drug taking.</p> <p>To learn how to develop good relationships with peers.</p> <p>To explore the idea of safety in different contexts – identify and establish safe rules for children in different places and situations.</p> <p>To understand that all medicines are drugs but not all drugs are medicines.</p> <p>To identify when drugs have had a harmful or a positive effect.</p> <p>To consider risk and to be aware of others peoples' point of view.</p>	
Financial	<p>I can plan and track my spending and saving by keeping accurate records.</p> <p>I can take account of other people's ideas and opinions when making decisions about spending and saving money.</p> <p>I can explain how I can use financial institutions (banks, building societies, credit unions etc) to make the most of my money)</p> <p>I can describe different jobs that I might do to earn money when I am older.</p>	
RSE	<p>To know that different types of family have common features and functions.</p> <p>To know that there are similarities and differences between people</p> <p>To know the correct names for external parts of the body including the sexual parts</p> <p>To have a basic understanding of some bodily functions and hygiene and cleanliness.</p> <p>To know that animals and humans reproduce</p> <p>To understand that boys and girls can both do the same tasks and enjoy the same things and that some stories and television say that boys do this and girls do that.</p> <p>To recognise risks about safety of self and others from people and situations</p>	
3	<ul style="list-style-type: none"> To research, discuss and debate topical issues, problems and events. To know why and how rules and laws that protect themselves and others are made and enforced and why different rules are needed in different situations. 	

Y4		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	<p>I know how most people feel when they lose something or someone they love.</p> <p>I know some ways to celebrate the life of someone I care about.</p> <p>I can tell you about someone that I no longer see.</p> <p>I understand that we can remember people even if we no longer see them.</p>	
SEAL Going for Goals	<p>I can identify advantages and disadvantages of the solutions or goals I set myself.</p> <p>I can foresee obstacles and plan to overcome them when I am setting goals.</p> <p>I can predict the consequences of my actions/solutions or goals for myself, other individuals or groups.</p> <p>I can manage frustration by using a number of strategies.</p> <p>I can predict the consequences of my actions/solutions or goals for myself, other individuals or groups.</p> <p>I can make a choice about what to do based upon my predictions of the likely consequences.</p>	
Citizenship/ABCD	<p>To know what bullying is and isn't.</p> <p>To understand what we can do if we witness bullying.</p> <p>To support those who have been bullied.</p> <p>To understand that words can be weapons – disability</p> <p>To understand that homophobic discrimination can affect people.</p> <p>To know that name-calling is hurtful.</p> <p>To know that people can be good at whatever they choose to be.</p> <p>To know what racist bullying is and what racism is.</p>	
Safety and E safety	<p><u>Green Cross Code</u></p> <p>To know the Green Cross Code including safe places to cross.</p> <p>To have an understanding of road signs and different types of crossings.</p> <p><u>Environmental Safety</u></p> <p>To know how and where to get help if out and about in a park.</p> <p>To know how to be safe near a railway (Crucial Crew)</p> <p>To know the difference between 'risk', 'danger', and 'hazard'.</p>	
	<p>To recognise cyber bullying</p> <p>To explore how cyber bullying affects people.</p> <p>To know how and where to get help.</p>	
DATE	<p>To know about a range of legal drugs in everyday life.</p> <p>To develop an understanding of their effects and risks.</p> <p>To develop an understanding of why it is important to store and treat medicines safely.</p> <p>To recognise unwanted influence and pressure from friends and have simple resistance techniques.</p> <p>To understand some facts and myths related to drugs.</p> <p>To know how to safely dispose of syringes</p>	
Financial	<p>I know that we can pay for things in a variety of ways.</p> <p>I can describe other ways of meeting payments.</p> <p>I am beginning to understand 'value for money'</p> <p>I can make choices based on my own needs and resources.</p> <p>I know that if you don't have enough money you can borrow but need to pay it back and how this might make you feel.</p> <p>I can explain how charities help others.</p>	
RSE	<p>To understand that we all develop at different rates.</p> <p>To discuss that similarities and differences are the result of many different factors.</p> <p>To understand the changes in the human life cycle</p> <p>To know the names of body parts.</p> <p>To know the difference between male and female</p> <p>To know about different families</p> <p>To appreciate different ways of expressing love within families.</p> <p>To recognize positive things about themselves.</p> <p>To be aware of others points of view.</p> <p>To learn to respect other peoples' bodies.</p> <p>To understand their rights regarding their bodies.</p>	

4	<ul style="list-style-type: none"> To realise the consequences of antisocial and aggressive behaviours such as bullying and discrimination of individuals and communities. (Can be taught in Safety unit)
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Y5		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	<p>I can find out about people who are important to me.</p> <p>I can give and receive a compliment.</p> <p>I know some of the feelings people have when someone close dies or leaves.</p> <p>I can use some strategies to manage these feelings.</p> <p>I understand that different people show their feelings in different ways.</p> <p>I understand that there is not just one way to grieve.</p>	
SEAL Going for Goals	<p>I can identify some barriers to my learning. I can think of ways to overcome barriers to my learning. I can set success criteria so I will know whether I have reached my goal.</p> <p>I can tell you how I keep going even when the task is difficult or boring.</p> <p>I know when to keep trying and when to try something else.</p> <p>I can understand that some thoughts help me reach my goal and some are a barrier.</p> <p>I can recognise when I find learning difficult and persevere when I need to.</p> <p>To learnt to treat others how we would hope to be treated and to prevent discrimination.</p>	
Citizenship/ABCD	<p>To understand what we can do if we witness bullying.</p> <p>To know what 'power imbalance' means and be able to give examples.</p> <p>To understand that appearances can be deceptive – disability.</p> <p>To understand the impact of name calling and how this may make someone feel.</p> <p>To know that homophobic name-calling is wrong and unacceptable.</p> <p>To have an awareness of difference and diversity.</p> <p>To consider rights and responsibilities linked to freedom and basic Human Rights</p>	
Safety and E safety	<p><u>Personal Safety (NSPCC)</u></p> <p>To understand the concept of keeping something 'secret' or confidential.</p> <p>To know when to agree to keeping secrets/confidentiality.</p> <p>To know when it is right to break a confidence or share a secret.</p> <p>To know who is responsible for keeping them safe</p> <p>To know where and who to ask for help.</p> <p><u>Fire Risk (Crucial Crew)</u></p> <p>To know basics of fire safety</p> <p>To create a fire plan.</p> <p>To know how to contact the emergency services – (999 or using a mobile phone)</p> <p>To know how to keep personal information safe and private</p>	
DATE	<p>To consider the important and beneficial or negative role which drugs play in society.</p> <p>To recognise unwanted influences and pressure from friends and exercise resisting techniques</p> <p>To learn to make judgements and decisions about personal safety.</p> <p>To know that some role models for young people may portray the wrong image.</p> <p>To have a greater awareness of drugs and the law.</p> <p>To understand what is meant by a unit of alcohol and how alcohol affects people in different ways.</p>	
Financial	<p>I know a range of ways to pay for items, including credit and going into debt.</p> <p>I know how to interpret basic financial info (bank statement)</p> <p>I know that manufacturers and shops try to persuade us to spend money.</p> <p>I know that good qualifications can lead to a more fulfilling and better paid job.</p>	
RSE	<p>To understand that adulthood will bring changes for the better and worse.</p> <p>Saying no and resisting strategies, places to go for help.</p> <p>To know how boys and girls bodies change at puberty and that this prepares for sexual maturity.</p> <p>To understand the facts about menstruation.</p> <p>To know the names for female and male sex organs and their different functions.</p> <p>To understand what families provide and the differences between families.</p>	

5	<ul style="list-style-type: none"> To know that there are different kinds of responsibilities, rights and duties at home, school in the community and towards the environment. (Can be taught in Relationships unit
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Y6		
Theme/ Strand	Learning Objectives	Evaluation/Covered when/How?
SEAL Relationships	<p>I know some of the feelings people have when someone close dies or leaves.</p> <p>I can use some strategies to manage these feelings.</p> <p>I understand that different people show their feelings in different ways.</p> <p>I understand that there is not just one way to grieve.</p> <p>I can use some strategies to manage feelings associated with loss.</p>	
SEAL Going for Goals	<p>I can make a long term plan and break it down into smaller, achievable goals in my personal life or in my behaviour.</p> <p>I know that it is up to me to get things done by taking the first step.</p> <p>I can recognise when I am using an excuse instead of finding a way around a problem.</p> <p>I know that it is up to me to get things done by taking the first step.</p>	
Citizenship/ABCD	<p>To know the key features of bullying.</p> <p>To know why people bully others.</p> <p>To know how to be supported to stop bullying.</p> <p>To know how individuals can support each other. (disability)</p> <p>To recognise individuality in relation to sexuality.</p> <p>To be secure in the choices people make including sexuality and identity.</p> <p>To understand that families are based on love and trust, that families are different and may include same gender parents.</p> <p>To know that segregation is wrong – especially on grounds of race or culture.</p> <p>To consider issues linked to refugees/war and conflict</p>	
Safety and E safety	<p><u>Water Safety (Crucial Crew)</u></p> <p>To know how to be safe near open water</p> <p>To participate in lifesaving skills through <i>swimming lessons</i>.</p> <p><u>First Aid</u></p> <p>To know basic first aid procedures.</p> <p>To know where and how to get help.</p> <p><u>Cycle Safety (Safer Cycling)</u></p> <p>To ride a bike and participate in some cycle training.</p> <p>To know ways to be safe on a bike (reflectors, bike maintenance, helmet, high visibility jacket, lights, behaviour etc)</p> <p>To be able to plan a safe journey to high school.</p>	
	<p>To know how to create a safe profile page.</p> <p>To know how to stay safe online</p> <p>To understand how technology can cause harm (grooming)</p>	
DATE	<p>To know about a range of legal and illegal drugs and have some understanding of effects and risks.</p> <p>To explore attitudes and beliefs about different drugs and people who may use or misuse them.</p> <p>To look at self motivation and risk taking.</p> <p>To recognise unwanted influences and pressures from friends and exercise resisting techniques.</p> <p>To recognise the need to ask for help and support</p>	
Financial	<p>I know that money has different values in other counties and may be able to calculate exchange rates.</p> <p>I can make comparisons between prices and decide what is best value for money.</p> <p>I know that insurance helps people manage risk and describe why it is important.</p> <p>I know that money is deducted from my earnings to provide things we need.</p> <p>I can describe some ways which the government uses my money to provide for my needs and my local community.</p>	
RSE	<p>To understand what is means to be attracted to someone, the meaning of love.</p> <p>To understand what families provide and the differences between families.</p> <p>To consider why people get married and value the diversity of lifestyle and choices.</p> <p>To know how boys and girls bodies change at puberty and that this prepares for sexual maturity.</p> <p>To recognize and challenge stereotypes.</p>	

PSCHE LO by Year Group 2018

	To understand how the media affects attitudes and cause inequality.	
6	<ul style="list-style-type: none">To explore and critique how the media present information (can be taught in RSE Unit and Citizenship)	