## **SPRING 2024 COURSES AND DATES**

The first session is a coffee morning to meet our amazing Parent Group Leaders followed by 8 sessions run in term time.

## **PLACES AVAILABLE, BOOK NOW!**

## **BEING A PARENT**

For parents / carers of children aged 2 – 11 years – all welcome!

Starting Monday 15th January: 9.30am—12 noon

One Stockport Family Hub at Westmorland Drive, Brinnington, SK5 8HH

Starting Monday 15th January: 9.45am—12.15pm

Reddish Vale Start Well, at Reddish Vale Rd, Reddish, Stockport, SK5 7EU

## BEING A PARENT TOGETHER - BITESIZE (3 sessions)

An online version of the course for those co-parenting / caring to attend together

Starting Wednesday 21st February: 6pm – 8pm

Online course

Booking is essential – To refer a parent, to book a place or for more information please

email: <u>admin.epec@stockport.gov.uk</u> or call our EPEC team on 0161 406 9558