



School Nurse Team
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Dear Parent/Carer

We wrote to you in December 2020 to offer a routine height and weight measurement for your child. This was part of the National Child Measurement Programme (NCMP) that is offered every year to all children in Reception and Year 6. We also offered a hearing test to all children in Reception.

We would like to update you on the recent decision made regarding the National Child Measurement Programme (NCMP) for the academic year 2020/21. Following the recent reopening of schools, Public Health England (PHE) have requested that local authorities collect a representative sample of data. The sample size will be 10% of children in Stockport to enable a national estimate of children's weight status (including obesity prevalence) for 2020/21 and contribute towards assessing the impact of the COVID-19 pandemic on children's physical health.

Your school **has not** been included in the 10% sample size but we would like to offer a targeted programme and will weigh and measure your child in Reception year and year 6 if you have any concerns. We are also offering a targeted hearing screen for any children in reception that you have concerns about as any hearing loss will inevitably impact on their learning and development. Please contact us on the above email or phone number to arrange.

If you are worried about your child's weight or you would like to get more active as a family and find out about healthier eating please contact the FAB team (Food, Activity, Balance) on 0161 870 6492 or visit their website at www.ablhealth.co.uk/stockport This is a fun, free and friendly weight management programme for the whole family.

You can also visit www.nhs.uk/change4life for top tips to help your family be healthier and happier by eating well and moving more.

Yours sincerely

Frances Jackson
Service Lead – School Nursing