

The Young Carers Charter

Everybody has rights and responsibilities. The Young Carers Charter has been drawn up by the Carers Trust.

It sets out the rights to which young carers are entitled.

"We are children and young people who are also carers. We want people to recognise this. We believe we have the same rights as other children and young people" including the rights:

- To be children and young people as well as carers,
- To attend schools and colleges that gives us the help to get an education,
- To have fun, friends and time off from being a carer,
- To have a well-supported family life,
- To have practical help and support,
- To a safe environment and protection from harm, including any harm that our caring role could cause us,
- To services that value our different backgrounds, cultures, religions, race, gender and sexuality,
- To be listened to,
- To an assessment to what we need as individuals,
- To be involved when people make decisions which affect our lives,
- To have a whole range of information to help us,
- To someone who will help us have a voice (advocacy),
- To understand how things' work and how to complain if we want to,
- To choose how much caring we do and
- To become independent adults

We are a school that recognises, supports and ensures young carers enjoy these rights.