

Why is PSHE important at Bredbury St Marks?

Personal, Social, Health and Economic Education (PSHE) teaches children how to safeguard themselves and boosts their Spiritual, Moral, Social, and Cultural development. It is vital in ensuring that our children achieve their potential by supporting their wellbeing and providing them with strategies to deal with situations that they may encounter in the wider world.

PSHE education gives pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. High quality PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout their lives. It also prepares pupils for the opportunities, responsibilities and experiences of later life.

How is PSHE taught at Bredbury St Marks?

At Bredbury St Marks PSHE is taught using the 1decision scheme. 1decision provides a clear lesson structure with lesson presentations that facilitate discussions, and workbooks that provide opportunities to develop ideas further through written activities. It subtly approaches sensitive subjects and uses real life videos with alternative endings which supports the children with understanding potential hazards and risks, and the impact that their decisions can have on both themselves and others.

What is 1decision?

The 1decision scheme is divided into modules suitable for children age 5 – 8 (Year 1 to Year 3) and those suitable for children age 8 – 11 (Year 4 to Year 6).

5-8 modules



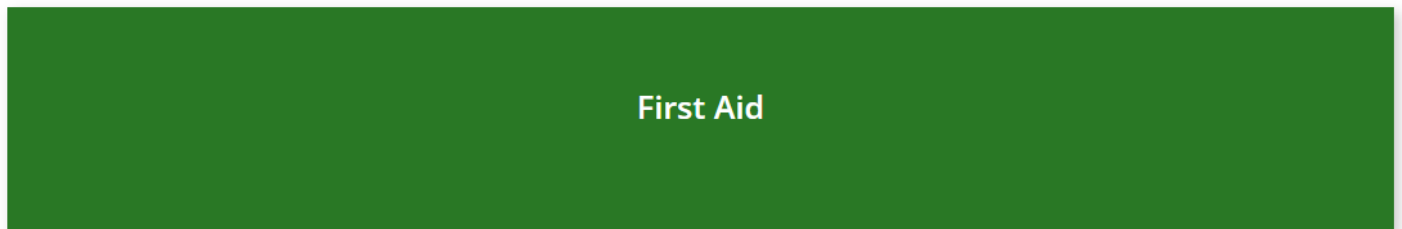
SPECIAL MODULE



8 – 11 modules



SPECIAL MODULE



Within 1 decision there are 10 topics which will be revisited and built upon each year. These topics include:

- Keeping/Staying Safe
- Keeping/Staying Healthy
- Relationships and Sex Education
- Being Responsible
- British Values
- Feelings and Emotions
- Computer Safety
- The Working World
- Fire Safety
- Mindfulness

The progression through each topic is detailed in the tables on the following page.

Progression

5-8 MODULES	KSS	KSH	REL	BR	FAE	CS	OW	HW	FS SPECIAL*
YEAR 1	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Road Safety	Washing Hands	Friendship	Water Spillage	Jealousy	Online Bullying	Growing in Our World		Hoax Calling
YEAR 2	Tying Shoelaces	Healthy Eating	Bullying	Practice Makes Perfect	Worry	Image Sharing	Living in Our World	Is it safe to eat or drink?	Petty Arson
		Brushing Teeth	Body Language	Helping Someone in Need	Anger	Computer Safety Documentary	Working in Our World		Texting Whilst Driving
YEAR 3	Staying Safe	Medicine	Touch	Stealing	Grief	Making Friends Online	Looking After Our World	Summative Assessment	Enya and Deedee Visit the Fire Station
	Leaning Out of Windows								
	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment		

8-11 MODULES	KSS	KSH	GAC	BR	FAE	CS	TWW	AWWJ	FA SPECIAL
YEAR 4	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment
	Cycle Safety	Healthy Living	Appropriate Touch (Relationships)	Coming Home on Time	Jealousy	Online Bullying	Chores at Home	Breaking Down Barriers	First Aid Year 4
YEAR 5	Peer Pressure	Smoking	Puberty	Looking Out for Others	Anger	Image Sharing	Enterprise	Inclusion and Acceptance	First Aid Year 5
	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	Adults' & Children's Views	
YEAR 6	Water Safety	Alcohol	Conception	Stealing	Worry	Making Friends Online	In-App Purchases	British Values	First Aid Year 6 (Part 1 & Part 2)
	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	Summative Assessment	

A more detailed overview of the progression throughout each module can be found in Appendix 1.

Assessment

At the end of each unit, the objectives taught are assessed against the end of unit check. These can be found at the back of the workbooks (see example below). Initially, children self-assess and then teachers assess by marking and dating in the T column.

Keeping/Staying Safe
My Learning Journey (8-11)

Name: _____ Class: _____

Read each of the statements, then use the key below to help you tick the appropriate box.

■ = I do not understand this yet.
■ = I think I understand but could not explain it to someone else.
■ = I understand this and could explain it to someone else.

Statement	Red	Orange	Green	T
I can talk about the different ways I can keep myself and others safe.				
I can describe the term consequences.				
I can talk about differences between a risky choice and a safe choice.				
I understand that rules are put in place to keep me safe and I follow them carefully.				
I can recognise peer pressure and know who I can speak to if I am struggling.				
I understand that I am responsible for my own decisions.				
I can identify a range of different danger signs.				
I can talk about the impact on the community if there is a road traffic accident.				

Well done for completing the Keeping/Staying Safe module!

Note to teachers: please use the 'T' section of the table to confirm whether you agree or disagree with the self-assessment.

SEND

The overarching principle of 1decision is accessibility, and this has been nationally recognised by the PSHE Association who have granted 1decision accredited status. Therefore, children with additional needs often access the same input as their peers. They may be supported by additional explanation of vocabulary, and additional adult support with recording their ideas in their workbooks.

Relationships Education and Health Education

From September 2020, Health Education and Relationships Education became statutory in all schools across the UK. The 1decision resources are mapped against the new statutory framework (See Appendix 2).